



The Y. A Community For a Lifetime.

2025 ANNUAL REPORT
YMCA OF THE TRIANGLE

Since 1857, the YMCA of the Triangle has been about people—neighbors showing up for one another, growing together and turning everyday moments into something more. At the Y, a swim lesson becomes confidence, a class builds connection and a simple game can spark leadership. That spirit continues to guide us as we reflect on 2025 and all we accomplished together.

Today, the Y remains one of the region's most trusted community-based organizations, walking alongside individuals and families at every stage of life. In 2025, we reached more than 235,000 people, including 149,000 members and 80,000 children and teens. Each number represents a story of someone finding strength, discovering potential or simply feeling like they belong.

That kind of impact doesn't happen on its own. It happens because of people who care deeply. More than 6,000 staff and 5,500 volunteers shared their time, talent and heart to bring our Mission to life, creating spaces where everyone is welcomed and valued. Together, we continue to move toward a vision we all share: that **everyone is healthier, every child and teen is resilient** and **no one feels alone**.

We also know that access matters. Thanks to \$10.8 million in Annual Campaign giving, more than 28,000 more individuals were able to participate in Y programs regardless of their ability to pay. This support helps bring our Mission to life, putting Christian principles into practice through programs that build a healthy spirit, mind and body for all. Together, we're opening doors to opportunity, fostering meaningful connections and creating pathways for growth and belonging.

We are grateful for this community and proud of what we are building together. Thank you for being part of the YMCA of the Triangle, today and for generations to come.

The Y. A Community For a Lifetime.

Bruce Ham
YMCA of the Triangle
President and CEO

Amy Baker
YMCA of the Triangle
2025 Chief Volunteer Officer



Watch our Community
For a Lifetime video:



Strategic Plan Update

In 2025, the YMCA of the Triangle focused on aligning priorities and resources to accelerate long-term impact. Meaningful progress is underway across all six strategic goals, with selected objectives highlighted below to reflect initiatives currently in progress or in the planning stages. Additional priorities will advance as part of the 2030 roadmap.



For more on each area:



POSITIVE YOUTH DEVELOPMENT

Supporting strong, resilient youth, teens and families.



- Increase Social Emotional Learning (SEL) outcomes by 10 percentage points
- Ensure 95% of Y Excel academic support program students maintain or improve reading levels
- Grow teen engagement to serve 3,500 youth by 2030
- Expand NC Youth & Government to engage 2,000 additional teens

COMMUNITY HEALTH & WELL-BEING

Addressing social determinants of health.



- Increase YMCA program participation by 5% annually
- Expand chronic disease prevention programs by 10% annually
- Ensure all children ages 6–12 in Y programs gain swim skills or access
- Expand community-based mental health training and support

OPERATIONAL INFRASTRUCTURE

Strengthening facilities, systems and long-term sustainability.



- Modernize and reinvest in YMCA facilities
- Enhance data analytics to inform decision-making
- Launch new personal and small group training model
- Advance redevelopment of Alexander, Chatham, Downtown Durham and Chapel Hill YMCAs

ORGANIZATION OF CHOICE

Attracting and retaining top talent and leaders.



- Align compensation and benefits with national benchmarks
- Improve staff engagement and belonging survey results by 10%
- Strengthen equitable recruitment and succession strategies
- Expand leadership development pathways for full-time staff

VISIBILITY & AWARENESS

Elevating the YMCA's role across the region.



- Grow philanthropy across all funding streams
- Strengthen impact measurements and storytelling
- Launch a comprehensive external awareness campaign

STRATEGIC COMMUNITY PARTNER

Building stronger, more connected communities through collaboration.



- Expand and strengthen community partnerships
- Conduct needs assessments and demographic analysis across locations
- Align partnerships with YMCA strengths through a formal framework

● = Underway

● = Planning



Our strategic plan comes to life through three defining outcomes that reflect the impact we aim to create across the community:

- **Everyone is Healthier**
- **Every Child and Teen is Resilient**
- **No One Feels Alone**

Championed by CEO Bruce Ham, these outcomes reflect our shared commitment to strengthening individuals, deepening connections and building a community for a lifetime.

Everyone is Healthier

Health at the Y goes beyond fitness, helping people build healthier lives in spirit, mind and body through accessible programs, support and connection.

From group exercise and chronic disease prevention to youth sports and active aging, the Y creates accessible pathways to lifelong health.



Lisa | LIVESTRONG

In her recovery from breast cancer, Lisa says the Y changed her life. She found a new community of friends that helped her become physically healthy and helped her have fun again.

4.1 Million
membership

card scans across
our facilities
(+13.5% from 2024)



148,713
Members

enjoy
improved health &
well-being and a more
connected community



74% of
Y Health

evidence-based program
participants have met
their health goals



**“I really love the sense of
community at the YMCA—
the connection with others, the
encouragement to stay active
and the constant inspiration to
live a healthier lifestyle.”**

– LeVesa, YMCA Member

For more on each goal:



Every Child and Teen is Resilient

At the Y, young people build the skills and confidence they need to navigate life's challenges through safe, supportive environments and caring mentors.

Whether in camps, swim lessons or leadership experiences, each interaction helps develop resilience, character and a sense of belonging.

Power of Camp Kanata, Camp Sea Gull & Camp Seafarer

Across all three overnight camps each summer, 6,700 young people build resilience by trying new things, forming lasting friendships and gaining confidence in a supportive, unplugged environment. From time on the water to moments of independence, these experiences help shape strong, capable individuals.

See that journey come to life in the
Camp Sea Gull and Camp Seafarer documentary:



84,903 Youth
served annually through
school year, summer and
leadership programs.

2,776 Kids enrolled in
**Y Learning, YMCA Power
Scholars and Camp Excel**
academic support programs
across 37 school year and 22
summer program sites.

31,131 Teens
found a sense of belonging
through day and overnight
camp experiences,
leadership programs and
membership.

**7,767 Kids and
fathers** took part in
Y Guides, building lifelong
bonds through shared
experiences.

No One Feels Alone

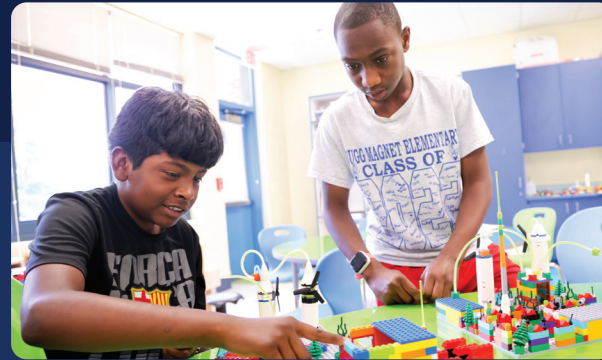
Connection is at the heart of the YMCA experience. In a time when many people face isolation, the Y serves as a welcoming place where individuals build relationships, find support and feel a true sense of belonging. From families and older adults to volunteers and community partners, the Y brings people together in meaningful ways.



5,500+
Volunteers assisted
in Y programs, initiatives
and fundraising.



27,970
Members found
connection through
group fitness classes.



**28,816 Kids, teens,
adults and seniors**
experienced expanded access and
opportunity to Y programs through
the Annual Campaign.



A longtime Northwest Cary YMCA member found family, connection and belonging at the Y. After his passing at age 76, he left a remarkable \$1.8 million gift—a testament to the lasting impact of those relationships.

Learn more about his lasting impact:



2025 Giving

Philanthropy makes our Y's Mission
and life-changing work available to all.

Individual, Corporate and Foundation
Gifts to Annual Campaign:

\$10,771,049

Capital Campaigns:

\$11,972,170

Planned Gifts:

\$4,000,000

Federal & Municipal Grants:

\$683,082

Endowment Gifts:

\$1,129,391

Endowment Disbursement:

\$920,343

Total Philanthropic Impact:

\$29,971,702



Thank you to our
2025 Association
Annual Campaign Chairs
Sharat and Lavanya Nagaraj
Jimmy and Anna Goodmon



\$163.8 Million has been raised by
the community in support of the YMCA
Annual Campaign since 1993.

The Annual Campaign directly
supports more than **28,000**
children, teens, adults and
seniors each year.

Capital Projects



CHATHAM PARK YMCA

In March, the Chatham Park YMCA opened its doors in Pittsboro. By year's end, 7,842 individuals took part in Y programs through membership, summer day camp, school programs and more—a 142% increase in reach from its previous location.

Step inside:



DOWNTOWN DURHAM YMCA

In September, the Y announced plans to acquire land for the new Downtown Durham YMCA, marking a major milestone for this transformative project. With an anticipated opening in 2029 at the American Tobacco Campus, the 65,000-square-foot facility will expand access to health, wellness and youth development programs in a growing community.

Support the project:



ALEXANDER JONES WRIGHT YMCA YOUTH CENTER

Construction of the YMCA Youth Center at the Alexander Family YMCA was completed in December, creating a dedicated space for kids and teens in downtown Raleigh to learn, grow and build resilience. The 13,050-square-foot facility provides safe, welcoming spaces for academic support, after school care, sports, leadership development and community connection. Funded entirely through private gifts and state and federal grants, it reflects a strong investment in the next generation.

Explore the space:



U.S. ENERGY PROJECT OF THE YEAR

The YMCA of the Triangle received the U.S. Energy Project of the Year award from the Association of Energy Engineers for its first-of-its-kind energy savings model among YMCAs nationwide. The initiative generated more than \$643,000 in energy savings in its first year and is projected to save more than \$9 million over 15 years, demonstrating the Y's commitment to sustainability, social responsibility and responsible stewardship of community resources.

See sustainability in action:



YMCA LIFETIME IMPACT AWARD

Bubba Rawl and Tim Smith of Preston Development received the YMCA Lifetime Impact Award for their transformational partnership with the Y. Through projects including the Taylor Family YMCA, Kerr Family YMCA at Wakefield, YMCA at Knightdale Station and, most recently with the Chatham Park YMCA, they have helped create communities where connection, health and well-being are part of everyday life.

Watch the video:



Financial Report

December 31, 2025

Every day at the Y, we work to make our community stronger. That work simply wouldn't be possible without a strong financial foundation. Our YMCA Mission and our financial commitments go hand in hand. We are dedicated to providing children, families and individuals with the support and resources they need to be more healthy, confident, connected and secure.

Assets

Current Assets	\$51,696,403
Investments	\$23,049,632
Land, Buildings & Equipment	\$213,131,877
Other Assets	\$27,914,103
Total Assets	\$315,792,015

Liabilities

Accounts Payable	\$6,809,505
Deferred Revenue	\$34,111,336
Long-term Obligations	\$66,547,142
Total Liabilities	\$107,467,983

Net Assets

Without Donor Restrictions	
Undesignated	\$156,034,720
Board Designated	\$12,696,042
With Donor Restrictions	\$39,593,270
Total Net Assets	\$208,324,032
Total Liabilities and Net Assets	\$315,792,015

2025 Support & Revenue

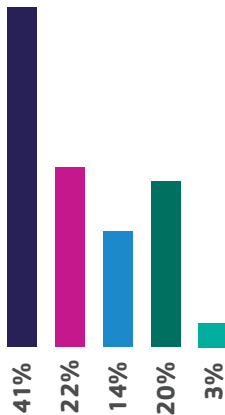
■ Program & Camping Fees	\$60,091,530
■ Membership Dues & Joining Fees	\$43,816,954
■ Contributions, Grants & United Way*	\$23,215,975
■ Investment Income & Other	\$11,135,488
Total Revenue	\$138,259,947

*Includes \$18.1 million of philanthropic support for the construction of the Chatham Park YMCA.



Functional Expenses

■ Youth Programs	\$49,469,215
■ Adult Programs	\$25,893,475
■ Overnight Camping	\$16,611,994
■ Administrative	\$23,675,193
■ Fundraising	\$4,011,594
Total Expenses	\$119,661,471



2025 YMCA OF THE TRIANGLE

Board of Directors

EXECUTIVE COMMITTEE

Amy Baker, Chief Volunteer Officer
Kari Stoltz, Immediate Past CVO
Zach Ambrose, Vice President & Philanthropy Chair
Deana Labriola, Secretary
Trey Rabon, Treasurer & Finance Chair
Chris Woody, Asst. Secretary & Properties & Facilities Chair

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Gary Greene, Human Resources Chair
Loretta Harper-Arnold, at-large member
Gayle Lanier, at-large member
Dayatra Matthews, Impact Chair
Gregg Sandreuter, Board Development Chair

BOARD OF DIRECTORS

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Gary Greene	Kari Stoltz
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Jonathan Hayes	Lynn Walker
Jill Heath	Doug Warf
Terrence Holt	Stelfanie Williams
Suzie Koonce	Moss Withers
Deana Labriola	Chris Woody
Gayle Lanier	

About the Y:



TRUSTEES

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John Alexander	Kay Morgan
Farad Ali	Eliza Kraft Olander
Ralph Ashworth	Edythe Poyner
Charles Barham*	Lacy Presnell
Ronnie Batchelor	Orage Quarles
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Richard Boyette	Ham Sloan
Bill Bradford	Temple Sloan, Jr.
Tom Bradshaw*	Sherwood Smith
James Branch	Tim Smith
Hope Holding Bryant	Craig Stephenson
Muff Carr	Jim Stewart
Leah Devlin	Lucy Stokes
Jim Goodmon	Robb Teer
Ann Goodnight	Rod Webb
Olivia Holding	Ed Willingham
Buck Kennedy	Tony Withers
Ray Mays	Debbie Woody
Stewart McLeod	Smedes York
Doug McMillan	Chris Young

*recently deceased

CORPORATE DONORS (\$25,000+)

Our corporate donors play a vital role in expanding the Y's impact. Their generous investment fuels programs that build a healthier, stronger and more connected community for all.

Baker Roofing	Morris and
Bank of America	Associates, Inc.
Capitol Broadcasting	PNC Foundation
Company	Provision Bridge
Clancy and Theys	SAS
Construction Company	Truist Foundation
Core Health and Fitness	United Way of the
Delta Air Lines	Greater Triangle
Duke Energy Foundation	Wells Fargo Foundation
First Citizens Bank	YMCA of the USA
Lenovo	

COMMUNITY PARTNERSHIPS

We would like to recognize the following organizations for their collaboration with the YMCA of the Triangle. Together we are expanding quality programming and services to a greater number of children, teens and families throughout the Triangle.

Advance Community Health	NC Prostate Cancer Coalition
AJ Fletcher Foundation	North Carolina Central
American Heart Association	University
American Red Cross	Nutrition HealthWorks
Avance Care	Orange County Health
Black Farmers Market	Department
Blacknall Memorial Presbyterian	Orange County Schools
Church	Pamlico County Schools
Boys & Girls Clubs of Wake and	Pamlico Community College
Johnston Counties	Pamlico Partnership
Boys & Girls Club of	Poe Health Center
Durham & Orange Counties	Praesidium
Carolina East Health System	Raleigh Rescue Mission
Chapel Hill – Carrboro City	Scouting America
Schools	Occoneechee Council
Chatham County School System	Self-Help Credit Union
City of Raleigh Parks and	Shaw University
Recreation	Sisters Network of the
Community Health Coalition	Triangle
Crosspointe Church	Southeast Raleigh Promise
DHIC, Inc. School	Southeast Raleigh Table UMC
Duke Health	The Capital Church
Durham Public Schools	The Caring Place
Durham Tech	The Fischer Clinic
Eastern Carolina YMCA	Town of Cary Parks and
Family Success Alliance	Recreation
Fit & Able Productions	Toys for Pamlico Kids
Greenwood Forest Baptist Church	Trinity Avenue Presbyterian
Johnston County Public Schools	Church
Lee County Public Schools	UNC Health
Lincoln Community Health Center	Wake County Government
Marbles Kids Museum	Wake County NC Cooperative
Mount Moriah Baptist Church	Extension
NC Alliance of YMCAs	Wake County Public School
NC Center for Afterschool	System
Programs	WakeEd Partnership
NC Department of Health and	WakeMed Health & Hospitals
Human Services	White Oak Foundation
NC Medical Society Foundation	



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA OF THE TRIANGLE BRANCHES

A.E. Finley YMCA
Alexander Family YMCA
Chapel Hill-Carrboro YMCA
Chatham Park YMCA
Downtown Durham YMCA
East Triangle YMCA
Hope Valley Farms YMCA
Ingram Family YMCA
Kerr Family YMCA
Kraft Family YMCA
Lakewood YMCA
Northwest Cary YMCA

Poole Family YMCA
Poyner YMCA
Southeast Raleigh YMCA
Taylor Family YMCA
YMCA at American
Tobacco
YMCA at Knightdale
Station
YMCA at Meadowmont
YMCA Camp Kanata
YMCA Camp Sea Gull
YMCA Camp Seafarer

EXECUTIVE STAFF LEADERSHIP

Bruce Ham, President and Chief Executive Officer
Tony Campione, Chief Operating Officer
Brad Davis, Chief Philanthropy Officer
Lisa Humphreys, Chief People Officer
Brian Keel, Chief Financial Officer
Dr. Lisa Scott, Chief Partnership and Impact Officer

YMCA MISSION

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

The YMCA of the Triangle is a 501(c)3 charity. The YMCA is the nation's leading nonprofit committed to strengthening communities through youth development, healthy living and social responsibility.