

Homeschool Hub
YMCA of the Triangle
Northern Region



Fall 2026 Course Catalog

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Homeschool Hub - Program Overview

Here at the Homeschool Hub, we partner with you to support your child's homeschool education. We provide engaging courses that enrich your homeschool student's development through opportunities to learn and grow in collaborative, hands-on classes. Our classes are capped at 15 students.

Official registration as a homeschooling student with the North Carolina Department of Education is required to participate in this program for all students 7 years old or older. We are unable to provide classes for students enrolled in public or private schools.

Our program aims to be an inclusive environment where all students can feel welcome and thrive. We train all of our teachers in meeting the needs of all types of learners, and we value parent partnerships to help meet the unique needs of each student.

Additionally, while the Y is a Christian organization, we utilize secular curriculum in our classes and serve families from a variety of faith traditions and cultural backgrounds.

The Y Mission

Our Mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

To fulfill our Mission and purpose, the YMCA of the Triangle is committed to being a multicultural, nondiscriminatory and inclusive organization fully leveraging our collective resources and impact to positively affect the health and well-being of our community.

In that, Christian principles are caring and inclusive, we respect various expressions of religion. We serve people from all faith traditions and perspectives. And we strive to create a welcoming environment for people to feel comfortable to explore spiritual matters and grow in Christian faith if they choose.

About Our Classes

We offer enrichment classes designed to allow students the opportunity to explore topics of interest or new to them over a 7-week period. Each class operates for 7 weeks, meeting 1 day per week at YMCA Camp Kanata in Wake Forest, NC.

Age Cohorts

Our classes are multi-age, but are divided among 3 different age cohorts. We do have some flexibility for students at the border between groups (ages 9 and 13). These students may take classes in either of the cohorts appropriate for their age, depending on what is in their best interest both socially and academically. If you have a question about what cohort is best for your student, feel free to reach out to our Homeschool Coordinator to discuss.

Please pay close attention to the class descriptions for more information.

- Pathfinders - Ages 6-9
- Trailblazers - Ages 9-13
- Navigators - Ages 13-17

2026 Fall Calendar

Fall Semester	
Tuesday, August 25, 2026	First Day of Fall Session 1
Monday, September 7, 2026	Labor Day Holiday
Wednesday, October 7, 2026	Last Day of Fall Session 1
October 12-14, 2026	Fall Break
Tuesday, October 20, 2026	First Day of Fall Session 2
November 23-27, 2026	Thanksgiving Break
Wednesday, December 7, 2026	Last Day of Fall Session 2

Daily Schedule

Class Schedule

	Elementary, Upper School
8:15-8:50	Rides-In
8:50-9:00	Transition to Classes
9:00-10:55	Period 1 (AM Classes)
10:55-11:00	Half Day AM Dismissal
11:00-11:55	Lunch/Recess
11:55-12:00	Half Day PM Arrival
12:00-1:55	Period 2 (PM Classes)
1:55-2:15	Rides-Out

Fall Session 1 Schedule

Tuesday

Period	Time	Ages 6-9	Ages 9-13	Ages 13+
P1	9:00-10:55	Wildcrafting & Foraging	Lit Study: The Book Thief	Art 1: Acrylic Painting
P2	12:00-1:55	Greek Mythology	Art Explorers: Mixed Media Art	Public Speaking

Wednesday

Period	Time	Ages 6-9	Ages 9-13	Ages 13+
P1	9:00-10:55	Music Appreciation: Woodwinds	Handicrafts: Beginners Crochet	Spanish 1
P2	12:00-1:55	Nature Explorers & Journaling	Beginning Spanish Part 1	World Views & Model U.N.

Thursday

Period	Time	Ages 6-9	Ages 9-13	Ages 13+
P1	9:00-10:55	Hands-On Science: The 5 Senses	World Geography: Part 1	Personal Finance
P2	12:00-1:55	Exploring the World through Story: Folktales	Myth Busters	Lit Study: To Kill a Mockingbird

Fall Session 2 Schedule

Tuesday

Period	Time	Ages 6-9	Ages 9-13	Ages 13+
P1	9:00-10:55	Wildcrafting & Foraging	Lit Study: The Phantom TollBooth	Art 1: Pastels
P2	12:00-1:55	Chinese Mythology	Art Explorers: The Elements of Art	Speech & Debate

Wednesday

Period	Time	Ages 6-9	Ages 9-13	Ages 13+
P1	9:00-10:55	Music Appreciation: Percussion	Handicrafts: Weaving	Spanish 1
P2	12:00-1:55	Nature Explorers & Journaling	Beginning Spanish: Part 2	World Views & Model U.N.

Thursday

Period	Time	Ages 6-9	Ages 9-13	Ages 13+
P1	9:00-10:55	Hands-On Science: The Human Body	World Geography: Part 2	Household Horticulture
P2	12:00-1:55	Exploring the World through Story: Heroic Tales	Code Breakers	Lit Study: Great Expectations

Pathfinders (Ages 6-9) - Course Descriptions and Supply Lists

Class Name	Semester	Pricing	Description	Required Supplies
Chinese Mythology	Fall Session 2	Regular	Enter a world of dragons, legends, and ancient stories! In this captivating class, students will explore traditional Chinese myths and folktales while learning about cultural values, symbols, and storytelling traditions. Through engaging stories and creative activities, children will expand their imagination and gain a deeper appreciation for one of the world's oldest cultures.	
Exploring the World through Story: Folk Tales	Fall Session 1	Regular	Travel the globe without leaving the classroom! In this class, students will explore folktales and stories from different cultures, learning about traditions, values, and ways of life from around the world. Through storytelling, discussion, and simple activities, children will grow in empathy, listening skills, and global awareness.	
Exploring the World through Story: Heroic Tales	Fall Session 2	Regular	Travel the globe without leaving the classroom! In this class, students will explore heroic tales and stories from different cultures, learning about traditions, values, and ways of life from around the world. Through storytelling, discussion, and simple activities, children will grow in empathy, listening skills, and global awareness.	
Greek Mythology	Fall Session 1	Regular	Step into a world of gods, heroes, and epic adventures! In this engaging class, students will explore famous Greek myths through storytelling, creative activities, and discussion. From Zeus and Athena to daring heroes like Hercules, children will build listening skills, imagination, and cultural awareness while bringing these timeless stories to life.	
Hands-On Science: The 5 Senses	Fall Session 1	Regular	In this interactive science class, students will explore the amazing ways we experience the world through sight, sound, smell, taste, and touch. Through simple experiments, sensory activities, and playful investigations, children will discover how their bodies work and how their senses help them learn every day. Perfect for curious learners who love to explore, test, and ask "why?"	
Hands-On Science: The Human Body	Fall Session 2	Regular	Get ready to explore the incredible systems that keep our bodies moving, growing, and thriving! In this hands-on science class, students will learn about muscles, bones, organs, and more through interactive activities, simple experiments, and engaging discussions. Designed for curious young learners, this class makes big science concepts fun, memorable, and easy to understand.	
Music Appreciation: Percussion	Fall Session 2	Regular	Feel the beat and discover the world of percussion! In this lively class, students will explore instruments like drums, tambourines, and xylophones while learning about rhythm, tempo, and musical patterns. Through movement, listening, and hands-on activities, children will build a strong sense of rhythm and develop a deeper appreciation for how music moves and connects us.	
Music Appreciation: Woodwinds	Fall Session 1	Regular	Let's explore the sounds of the woodwind family! Students will learn how instruments like the flute, clarinet, oboe, and saxophone make music. Through listening activities, games, and creative exploration, children will begin to recognize different instruments, rhythms, and musical styles—building a foundation for lifelong musical enjoyment.	
Nature Explorers & Journaling*	Fall Sessions 1 & 2	Regular	Let's head outside and discover the wonders of nature! Students will observe, sketch, and write about the world around them while building their own nature journals. Through guided exploration, they'll learn to notice details, ask questions, and develop a deeper connection to the outdoors—blending science, art, and writing in a calm and creative way.	
Wildcrafting & Foraging*	Fall Sessions	Regular	Discover the natural world in a whole new way! Students will learn the basics of identifying common plants, understanding their uses, and respecting nature while	

Class Name	Semester	Pricing	Description	Required Supplies
	1 & 2		foraging responsibly. With a focus on safety, curiosity, and stewardship, this class encourages kids to slow down, observe carefully, and appreciate the resources all around them.	

*While this class is running in multiple sessions, each session will be new and independent from the others. Sign up for one session or multiple sessions.

Trailblazers (Ages 9-12) - Course Descriptions and Supply Lists

Class Name	Semester	Pricing	Description	Required Supplies
Art Explorers: Mixed Media	Fall Session 1	Specialty	Unleash creativity through a variety of artistic techniques! In this hands-on class, students will experiment with drawing, painting, collage, and more to create unique mixed media pieces. With an emphasis on exploration and self-expression, students will learn how to combine materials, develop ideas, and build confidence in their artistic voice.	
Art Explorers: The Elements of Art	Fall Session 2	Specialty	Build a strong foundation in art while exploring the key elements every artist uses! In this hands-on class, students will learn about line, shape, color, value, texture, form, and space through engaging projects and creative exploration. As they experiment with different materials and techniques, they'll develop both their artistic skills and their confidence in expressing ideas visually. Perfect for students who want to grow as artists while having fun creating.	
Beginning Spanish 1 & 2 **	Fall Sessions 1 & 2	Regular	Start speaking Spanish with confidence! In this interactive class, students will learn foundational vocabulary and phrases through games, conversation, songs, and engaging activities. With a focus on practical language skills and cultural awareness, students will build a strong base in Spanish while having fun communicating in a new way.	
Code Breakers	Fall Session 2	Regular	Crack the code and uncover hidden messages! In this engaging class, students will explore the fascinating world of codes, ciphers, and secret communication. Through puzzles, games, and hands-on challenges, they'll learn how codes are created and broken while building logic, problem-solving, and critical thinking skills. Perfect for curious minds who love a good mystery!	
Handicrafts: Beginners Crochet	Fall Session 1	Specialty	Learn the art of crochet from the ground up! In this beginner-friendly class, students will master foundational stitches, learn how to read simple patterns, and create their own handmade projects. Along the way, they'll build patience, focus, and fine motor skills while experiencing the satisfaction of making something with their own hands.	
Handicrafts: Weaving	Fall Session 2	Specialty	Discover the timeless art of weaving! In this hands-on class, students will learn basic weaving techniques using simple looms and materials to create their own beautiful textile projects. Along the way, they'll develop patience, focus, and creativity while gaining an appreciation for traditional crafts and handmade design.	
Literary Study: The Book Thief	Fall Session 1	Regular	Dive into the powerful story of <i>The Book Thief</i> in this thoughtful and engaging literature class. Students will explore themes, characters, and historical context while building skills in reading comprehension, discussion, and written expression. Through guided conversation and reflective activities, students will deepen their understanding of storytelling and the impact of words.	
Literary Study: The Phantom Tollboot	Fall Session 2	Regular	Step into the imaginative world of <i>The Phantom Tollboot</i> in this playful yet thought-provoking literature class. Students will explore language, wordplay, and deeper themes while strengthening reading comprehension, discussion, and writing skills. Through guided activities and conversation, they'll discover how this clever story makes learning both meaningful and fun.	
Myth Busters	Fall Session 1	Regular	Is it fact, fiction, or something in between? In this exciting class, students will investigate common myths, popular beliefs, and everyday mysteries using observation, reasoning, and simple experiments. Designed to spark curiosity and	

Class Name	Semester	Pricing	Description	Required Supplies
			critical thinking, this class encourages students to ask questions, test ideas, and think like scientists.	
World Geography*	Fall Sessions 1 & 2	Regular	Travel the globe and discover the people, places, and cultures that shape our world! In this interactive class, students will explore continents, countries, maps, and landmarks while learning how geography influences daily life. Through activities, discussions, and hands-on projects, students will build global awareness, map skills, and a deeper understanding of our interconnected world.	

*While this class is running in multiple sessions, each session will be new and independent from the others. Sign up for one session or multiple sessions.

**This class will run consecutive sessions and content will build on the previous session. Please contact for approval to begin after the first session.

Navigators (Ages 13+)- Course Descriptions and Supply Lists

Class Name	Semester	Pricing	Description	Required Supplies
Art 1: Acrylic Painting	Fall Sessions 1	Specialty	Explore the fundamentals of painting with acrylics in this hands-on art class. Students will learn techniques such as color mixing, composition, layering, and brushwork while creating their own original pieces. With a focus on both technical skill and creative expression, this class provides a strong foundation for developing artists.	
Art 1: Pastels	Fall Sessions 2	Specialty	Discover the expressive potential of pastel art! In this hands-on class, students will learn techniques for blending, shading, and creating depth using soft pastels. With a focus on both skill development and artistic exploration, students will create vibrant works while building confidence in their artistic abilities.	
Household Horticulture	Fall Sessions 2	Specialty	Learn how to grow and care for plants at home! In this practical and engaging class, students will explore the basics of gardening, plant care, soil, and sustainable practices. Whether growing herbs, vegetables, or houseplants, students will gain hands-on knowledge and skills that connect them to the natural world and promote self-sufficiency.	
Literature Study: Great Expectations	Fall Sessions 2	Regular	Dive into the rich storytelling of <i>Great Expectations</i> in this classic literature study. Students will explore themes of growth, identity, ambition, and social class while analyzing character development and narrative structure. Through discussion and writing, they'll deepen their appreciation for classic literature and strengthen analytical skills.	
Literature Study: To Kill a Mockingbird	Fall Sessions 1	Regular	Explore the powerful themes and enduring impact of <i>To Kill a Mockingbird</i> in this in-depth literature class. Students will analyze character development, historical context, and themes of justice, empathy, and moral courage. Through discussion and written response, they'll strengthen critical thinking and literary analysis skills.	
Personal Finance	Fall Sessions 1	Regular	Set students up for real-world success with essential money skills! In this practical and engaging class, students will learn about budgeting, saving, investing, credit, and financial decision-making. Through real-life scenarios and interactive activities, they'll build confidence in managing money wisely and preparing for financial independence.	
Public Speaking	Fall Sessions 1	Regular	Find your voice and learn to speak with confidence! In this supportive, skill-building class, students will develop techniques for clear communication, engaging presentations, and audience connection. Through guided practice and constructive feedback, students will gain confidence speaking in front of others—an essential skill for academics, leadership, and beyond.	
Spanish 1**	Fall Sessions 1 & 2	Regular	Build a solid foundation in Spanish through interactive learning and practical communication. Students will develop vocabulary, pronunciation, and basic grammar skills through conversation, activities, and cultural exploration. This class is designed to help students begin speaking and understanding Spanish with confidence.	
Speech & Debate	Fall Sessions 2	Regular	Learn to think critically, speak persuasively, and defend ideas with confidence. In this engaging class, students will explore the fundamentals of argumentation, reasoning, and respectful debate. Through structured debates and guided practice, they'll develop communication skills that are essential for academic success and leadership.	
World Views & Model U.N.**	Fall Sessions 1 & 2	Regular	Step into the role of a global leader! In this dynamic class, students will explore world issues, cultural perspectives, and international relations while participating in Model United Nations-style discussions and simulations. Students will develop research, critical thinking, and public speaking skills while gaining a deeper understanding of global citizenship.	

**This class will run consecutive sessions and content will build on the previous session. Please contact for approval to begin after the first session

Policies and Procedures

Registration Policies

Registration

All registration must take place through the YMCA of the Triangle Website. You will need to create an online account to register.

Please make sure you carefully read the descriptions for each of the classes you register for, paying special attention to course content, recommended age ranges, homework expectations, and supply requirements before choosing classes for your child. **All class transfers and withdrawals will result in the loss of the \$25 deposit/administrative fee paid at registration.** Please be mindful of this when registering. Transfers that take place due to a waitlist spot opening or a canceled class will not be charged an additional administrative fee.

Using ESA + Funding

If your child is an NCSEAA grant recipient, the YMCA of the Triangle is now an official vendor and can be paid through ClassWallet for some of our classes. Please contact Karmen if this applies to your family for details on how to utilize these funds to pay for Homeschool Hub classes!

Class Changes

We hope your children will love their classes, but in case something isn't a good fit, our program will have a two week Drop/Add window, beginning on the first day of class. During this time, class changes can be made as long as there is an open spot.

To request a transfer or cancellation of a class please contact customer service at 919-719-9622 or Customer.Service@ymcatriangle.org

All class transfers and withdrawals will result in the loss of the \$25 deposit/administrative fee paid at registration, even if requested prior to the first day of program.

After the drop/add window ends we will not be able to accommodate class transfers or cancellations. Families will be responsible for the total cost of the classes their students are enrolled in, and we will be unable to issue refunds after this time.

What to Bring

All students ages 6+ should bring the following basic supplies. Please make sure items are labeled with your child's name. It is very important that students bring these materials every day so that they are able to participate fully in the activities their teachers have planned. Explorers will have a separate list to keep things easier for your youngest students.

- Backpack
- Water Bottle
- Pencil Box with the following: Sharpened Pencils, Colored Pencils or Crayons, Markers, Glue Stick, Scissors
- Clipboard
- 2 Pocket Folder

Full Day Students should also bring a lunch each day. We are unable to provide lunches for students.

Some classes will have additional required supplies. Please see our Class Descriptions and Supplies sections for more details.

Students should have all materials, including textbooks/workbooks by the first day of class. If this will not be possible for your family, please let us know as soon as possible.

Family Involvement

Communication

Our program will use Class Dojo to connect families directly to our teachers. You will receive a Class Dojo code for each of your child's classes at Open House. Teachers will use Class Dojo to share pictures and updates about what is happening in the classroom. They may also use this to message you directly.

If questions or concerns about an individual class arise during the course of the semester, please reach out to the teacher. This is often the fastest way to get to a resolution.

Additionally, you will receive a monthly newsletter with program related updates. These will be delivered to your email.

Parent Involvement Opportunities

If you are interested in being more involved in our Homeschool Hub Community, please let us know! Opportunities include subbing for classes (paid position), volunteering in classrooms or at lunch/recess, planning field trips/outings, or joining our Parent Advisory Committee!

Arrival/Dismissal

Rides In: 8:20-8:50

Rides Out: 2:00-2:15

Rides In will end promptly at 8:50 to ensure that all students are able to get to their classrooms before class begins at 9:00.

Arrival and Dismissal at Camp Kanata will take place in the Rides In/Out Circle at the Day Camp Shelter, the first shelter you come to on your right as you pull down the driveway. Parents should drive up to the sidewalk and drop their child off with a staff member.

Parents who drop off or pick up children outside of these scheduled Rides In/Out times should park and come into the Pine Knoll lodge across the field from the Pool

Please do not park and send children unaccompanied from the parking lot. Even our older students must be accompanied and checked in with a staff member before they join our program.

Pickup Procedures

At pickup time, children will only be released to parents, legal guardians and those designated as emergency contacts with pickup on your child's account. Drivers must display YMCA pickup cards or photo identification. If you plan to have anyone else pick up your child, you must notify us in advance.

Severe weather may affect the pickup process. In cases of driving rain and/or lightning, staff will keep children sheltered until conditions improve. This may slow down the pickup process, requiring drivers to wait. The safety of YMCA children and staff is our first priority. The YMCA/our staff or volunteers do not buckle children of any age into their car seats or fasten seatbelts, even when requested by the parents. We make every effort to be efficient in the Rides Out line. We provide parking spaces or space for a parent to pull up so they can secure their own child.

Pickup Cards

To ensure the safety of all participants, parents will receive pickup cards on the first day of program. Please clearly print your child's first and last name on the card and display it on the car windshield at pickup time (you may use one card for multiple children). YMCA staff will request a picture ID from anyone who attempts to pick up a child without displaying a card. If you need additional cards for sitters, grandparents, etc., please ask. If a questionable situation arises, staff will hold the child until a parent has been contacted. A driver's license may be requested for identification.

Pickup Late Fee

A late fee is charged for children picked up after the last pickup time (2:15 pm). The late fee is \$5 for the first 10 minutes past pickup time and \$1 for each additional minute thereafter. Two staff members will remain with the child until a parent arrives.

Health and Safety

Safety at the Homeschool Hub

We want to remind you of YMCA policies and practices that help keep our YMCA youth programs secure for your child.

Parents, family members and any other authorized adult must show their photo I.D. or pick-up card in order to pick up children in our care. Please make sure your emergency contacts are up to date in your online portal and that you've checked the box for "allowed to pick up." Please also confirm that we have the most up-to-date phone numbers for you and your family.

All YMCA staff must complete a variety of trainings that include child abuse prevention, bullying prevention and a variety of other topics on how to keep children safe in a variety of situations.

When to Stay Home

Please do not send your child to YMCA programs with any of the following symptoms:

- Sore throat
- Excessive coughing
- Diarrhea or vomiting
- Fever
- Head lice
- Undiagnosed rash, sore, or other skin condition
- Any other contagious disease or symptom

A child must be diarrhea, vomiting and fever-free for a full 24 hours before returning to the program.

Medication Procedures

Please do not pack medication with your child's belongings. Parents (not the child) must bring necessary medications to the program office. Medications must be in their original containers with written instructions for dispensing. A Medication Distribution Form must be provided for staff to dispense all prescription or over-the-counter medications.

Generally, children are prohibited from having medication with them, unless the medication is dispensed on their person (such as an insulin pump) or a doctor has specifically indicated in writing that the child may self-administer and safety precautions are met for the safe handling of the medication. If a doctor has given this written permission, a copy must be provided to the YMCA. A parent or guardian must give the medication to the program staff. For safety reasons, all medications are stored and locked in the program office.

ADA Policy

We're committed to providing equal opportunity and access to all children.

YMCA of the Triangle does not discriminate against any individual on the basis of disability or on the basis of any individual's association or relationship with an individual with a disability in the full and equal enjoyment of the goods, services, facilities, privileges, advantages, or accommodations offered at any of its locations.

Everyone who attends YMCA programs has unique needs. We are better when we take time to find out what those needs are, build empathy and understanding, and respond to individuals appropriately. The YMCA offers inclusive, welcoming programs dedicated to serving those needs in the best way possible.

Because every person is unique, we address each request individually. Your child's success and safety in our programs are our top priorities; therefore, we respectfully ask parents and caregivers to inform the YMCA, prior to the start of the program, of any special needs which may require special accommodations, so we can work together to support your child in reaching their full potential.

If you have questions about ADA accommodations at the Homeschool Hub, please contact Karmen Paterson.

Custody

Please alert the YMCA program office of child custody arrangements. It is imperative that official, current court documents are maintained in your child's file if custody or visitation is a concern. Without court orders, we cannot withhold a child from his/her parent. Based on the information that you share with us, we will tell you if additional documentation is required. If additional information is required, you may send it to risk@ymcatriangle.org.

The parent(s) who registers the child for the program is responsible for payments. We cannot sub-divide fees.

If parents are separated or divorced with joint custody, both parents must provide written consent for all names on the Emergency Contacts & Authorized Pick-ups list.

Behavior Expectations

At the YMCA of the Triangle, our behavior expectations and discipline procedures are based on our core values of caring, honesty, respect, responsibility and faith. We believe in creating a safe, secure and fun environment where all youth have the opportunity to learn the importance of demonstrating good character. We believe that in order to do this, all youth need to know and understand the rules and expectations for appropriate behavior. We also believe that when youth do not follow the rules or when they demonstrate inappropriate behavior, we have an opportunity to help youth learn from their mistakes.

The YMCA promotes behavior guidance and discipline through creating a positive environment, developing structure and clear limits, promoting social and emotional learning, reinforcing our core values and addressing challenging behaviors.

All youth are expected to follow the rules established by the YMCA for the safety of all youth in the program. Your cooperation and support ensure that all youth have a safe and fun experience.

The YMCA does not allow the following behaviors:

- Any action that could threaten the physical or emotional safety of the youth, other youth or staff. Prohibited conduct may include, but is not limited to: abusive jokes, insults, slurs, threats, name-calling or intimidation
- Destructive behavior
- Behavior that is a violation of personal boundaries or is of a habitual nature and negatively impacts the program, and/or safety and enjoyment of others
- Behavior that is of a sexual nature

The YMCA uses positive discipline, which means staff members promote desired behaviors through teaching and reinforcement. Staff will redirect or problem-solve with youth when they are not displaying desired behaviors, rather than restrict behaviors by taking away opportunities or controlling youth with fear of punishment. We believe this approach focuses on the needs of the youth and contributes positively to the youth's overall development. Staff shall use positive discipline, which shall include the following:

- Communicate to youth using positive statements
- Encourage youth, with adult support, to use their own words and solutions in order to resolve interpersonal conflicts
- Communicate with youth by getting on their level and talking to them in a calm, quiet manner about the behavior that is expected
- There are times when restrictions may be necessary and will most likely be directly linked to the health, safety or well-being of the youth or others. The YMCA staff does not use corporal punishment under any circumstance. In the event of a youth harming themselves, another youth, or an adult, staff may physically restrain the youth to ensure safety.

YMCA Discipline Procedures

The YMCA staff desire to partner with families of the youth in our care. If at any time you have concerns about your child's behavior or success in our program, please do not hesitate to reach out to your Youth Director to set up a conference.

If a youth is unable to meet established behavior expectations, YMCA staff will follow these disciplinary procedures below given that the nature of the behaviors does not require immediate suspension or dismissal.

- Conversation between staff and youth to discuss behavior and reset expectations.
- Staff will first use positive reinforcement and redirection to redirect a youth's behavior. If this is ineffective, staff may use a timeout as an opportunity for the youth to take a break from the behavior before rejoining the group.
- Staff will communicate with parents/guardians if/when youth is not following established YMCA rules. This communication may be at Rides Out, over the phone or via a parent conference.
- If positive discipline and redirection are ineffective in changing the youth's behavior, the Youth Director may suspend the youth. The length of suspension will be determined based on each individual situation. Factors such as type/severity of behavior, behavior history, age of youth, etc. will be considered when determining the length of the suspension.
- If the youth continues to have challenges after a suspension, the Youth Director may set up a conference with the parent/guardian to develop a behavior plan for the youth.
- If suspensions nor a behavior plan are effective in changing the child's behavior, the child may be dismissed from the program. Dismissal from the program for disciplinary reasons could result in permanent removal from all YMCA programs.

Special Circumstances

The goal of the YMCA of the Triangle is to meaningfully include all youth and provide accommodations in our programs when needed. To help us achieve this goal, we respectfully ask parents or guardians to inform the YMCA, prior to the start of the program, of any special circumstances which may affect your child's ability to participate. By providing information regarding the strengths and needs of your child, the staff can prepare helpful accommodations that will better serve all children in our programs.

Upon being informed of such circumstances, the Program Director or other staff member may request a meeting to gather more information and discuss the accommodations that can be created to successfully include your child.

While we aim to be as inclusive as possible within our classes and we are able to provide some accommodations, students must be able to adhere to our behavior expectations and participate in each class as they are explained in the class descriptions. We provide a variety of teacher-led

and student-led environments so that we are able to match students to the appropriate environment for their current needs. Not all classes will be appropriate for all students.

Bullying and Conflict Resolution

Bullying is any unwanted behavior that involves a power imbalance. Here at the Y, our goal is to stop bullying, and we encourage our participants, parents, and staff to be Upstanders. An Upstander is one who recognizes when something is wrong and acts to make it right. If there is disclosure, discovery, or suspicion of bullying we will handle each instance case by case and with care. At the Y we are building a caring, respectful, honest, and responsible community for all; the safety of our program participants is our main concern.

Conversely, we define conflict as a disagreement or argument in which both sides express their views and there is an equal power balance. We believe conflict with resolution is a natural and important part of Youth Development. Conflict can be constructive if managed in the right way. We will identify and resolve conflicts in a healthy and proactive fashion. The conflict resolution skills we learn and practice will make a positive impact on our Y programs and in every child's future.

Homeschool Administration

The Homeschool Hub is not a school, and therefore you will remain the administrator of your child's homeschool. Our teachers will provide students with feedback about their progress in class, but will not provide students with graded assignments. We also do not provide attendance records, credits, or transcripts. All state required homeschool documentation should be maintained by each child's homeschool administrator. If you have any questions about what your child is learning, please reach out to the individual teacher for more information.

Contact Information:

Address - Camp Kanata
13524 Camp Kanata Rd
Wake Forest, NC 27587

Program Phone Number - (919) 556-2661

Homeschool Lead Teacher - Karmen Paterson Karmen.Paterson@ymcatriangle.org

Financial Assistance:

Thanks to funds from our [YMCA Annual Campaign](#), the YMCA of the Triangle provides financial assistance for children, teens, adults and families who cannot afford the full cost of YMCA programs. All are welcome to [apply for financial assistance](#). *Please note that for our first year of Homeschool Hub at Camp Kanata, we will not be able to offer financial assistance.

Schedule Planning Template

	Fall Session 1	Fall Session 2
Tuesday 9:00-10:55		
Tuesday 12:00-1:55		
Wednesday 9:00-10:55		
Wednesday 12:00-1:55		
Thursday 9:00-10:55		
Thursday 12:00-1:55		